U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

## FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

OIM			
1. File Number U - 8213	2. Fiscal Year Covered From:		
	[ / [ / 04] Through: [2/3] / 04		
3. Name and address of person filing.	4. Name, file number, and address of labor organization.		
Name Michael Pook	Name New York Metro Area PostalUnion		
	Labor Organization File Number 506-753		
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any		
Street 350W 3157 St. 3F/	Street 350 W 31 ST STreeT 3FL.		
city New York	City New York		
State 1/1/ ZIP Code + 4 1 0001	State V ZIP Code +4 /000/		
5. Position in labor organization.	E		
monetary value from an employer whose employees your organizati  6. Name and address of Employer (including trade name, if any).  Name  Trade Name, if any:	7.a. Nature of Interest, Transaction, or Income.		
P.O. Box, Bldg., Room No., if any	7.6		
Street	7.b. Amount.		
City			
State ZIP Code + 4			
Signature			
15. Signature and verification. The undersigned declares, under penalty of submitted in this report (including the information contained in any accompany undersigned's knowledge and belief, true, correct, and complete. (See the se	ring documents), has been examined by the signatory and is, to the best of the		

Name of Person Filing		File Number U-		
B. Held an interest in or derived income or economic benefit with monetary vas ubstantial part of which consists of buying from, selling or leasing to, or other of an employer whose employees your labor organization represents or is actively any part of which consists of buying from or selling or leasing directly or including with your labor organization or with a trust in which your labor organization.	wise dealing with the business ively seeking to represent, or directly to, or otherwise	S		
8. Name and address of Business (including trade name, if any).  Name New York Hutto Fadural (rad IT Union  Trade Name, if any:  P.O. Box, Bldg., Room No., if any  Street 350 W 31st Street of FL.  City New York  State NY ZIP Code + 4 10001	9. Business deals with:  a. Labor Organiza  b. Trust  c. Employer	tion		
10. If 9.b. or 9.c. is checked give trust or employer's name.  Name New York-Metro Fadora Union  Trade Name, if any:  P.O. Box, Bldg., Room No., if any  Street 350 W 31 F Street 1° FF  City New York  State NY ZIP Code + 4 1000	11.a. Nature of such dealing Member of FCU For the Boord Paverage Cost there were 11 Which total of  11.b. Approximate dollar valu  12.a. Nature of interest held	Bd. Dir. Fou I at monthle OF \$15.80 ! Bd. meetings Imount was e of such dealing.	buys lunch 1 Board meeting whore for meeting held on 200 \$173.80	
1	12.b. Amount.			
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.				
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).  Name  Trade Name, if any:  P.O. Box, Bldg., Room No., if any  Street  City  State  ZIP Code + 4	14.a. Nature of payment.			
13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.	- Communication of the Communi	\$	